

November 19th 2022.

For everyone else who never experiences the supposedly-universal experience of “touch starvation”, I am coining two terms.

First I am coining the term "solitaremit", to describe people who are touch averse and do not ever experience touch starvation.

Solitaremit is a combination of "solitary" and "hermit" because it's easy to remember and straight to the point, and doesn't exist anywhere else on the internet yet, so it can't be mixed up with anything else.

Solitary + hermit – the Y and H = Solitaremit

Soll-ih-tair-eh-mit (or met, it doesn't really matter)

I am also coining the term "gregariable" to describe people who do experience touch starvation.

Gregariable is a combination of "gregarious" and "sociable" for people who do experience touch starvation, whether or not they're touch amiable or averse. This word also does not yet exist on the internet, so it can't be confused for anything else.

greh-gair-ee-uh-bull

Solitaremit works as an adjective the same way as touch averse/touch repulsed do. IE: "It is solitaremit, it doesn't like being touched and doesn't get touch starved" "they are solitaremit"

Same with gregariable. "They are gregariable, they get touch starved." "I am touch averse and gregariable, I don't like being touched, but I still get touch starved"

Solitaremit would be used to describe the thing...I can't think of the grammar word. "most of the stress 'caused by' solitaremit is caused by gregariable people refusing to respect solitaremit people's boundaries or existence." "I am researching solitaremit for a story I'm writing so I won't be ableist by mistake."

I have tags related to solitaremit into all my posts about touch aversion, so you should, in theory, be able to search my blog for this word right now on the day I'm posting this and find stuff.

I have no doubt these terms will be shortened / streamlined as time goes on. That's perfectly fine, this is just something to give us a fucking foundation to at least stand on.

List of the new terms:

Solitaremit / solitaremit

Gregariable / gregariality

Solitaremit: Someone who does not enjoy being touched, and never gets touch starved. EX: “Murderbot is solitaremit, it never wants to be touched. Solitaremit representation in fiction is very rare, and it's even rarer for it to be handled respectfully.”

Solitaremit: “Solitaremit is treated as something to be ashamed of, because gregariable people are more common, are self-entitled, and have no fucking compassion for others.”

Gregariable: Someone who gets touch starved / desires touch, whether or not they are touch averse and would actually enjoy the touch.

Gregariality: “Gregariality is treated as the universal experience, unfortunately for those who are solitaremit, who are shamed for being solitaremit from the moment they start expressing discomfort with touch.”

Some suggested tags are:

solitaremit

actuallysolitaremit

actually solitaremit

solitaremitiy

canonically solitaremit characters

solitaremit characters

solitaremit positivity

Who can identify with these terms?

Gregariable: Literally anyone who experiences touch starvation.

Solitaremit: Anyone who is touch averse and NEVER experiences touch starvation. This term is specifically designed to be **exclusive** to people who do not ever get touch starved, and never have any desire to be touched whatsoever, specifically so that we can have tags and other things to search without being overwhelmed by people who are touch starved talking about how touch starved they are.

Other terms can be created for people who only very rarely experience touch starvation or anything like that as a spectrum, but these terms **should not include as a whole or any part** of the word solitaremit, so that crosstaging will not occur.

Please just create an entirely brand new word that is unique, just as solitaremit is unique.

The entire point of the coining of these terms is so that solitaremit people can find posts by others with the same apparently impossibly rare experiences. I am explicitly requesting that people further down the line NOT to create a term like “solitarmetspec” or use “solitaremit spectrum” or anything like that.

Touch aversion and touch repulsion are already spectrum. If you must coin a new term to describe a spectrum of touch averse experiences, do not include the word solitaremit in it.

I am not trying to be mean, I am trying to make sure the voices of people like me are not drowned out in the future as they are right now, when everyone, /including other touch averse people,/ whether intentionally or not, still push the idea that it is a completely universal fact that every single person ever born craves physical touch from other people, and is going to suffer if they don't get it.

If you experience touch starvation, then speak for yourself, and make sure you aren't drowning out the voices of those who don't.